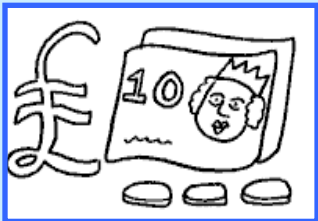


# Individual support



We can support you in your own home.  
We can support you for a few hours a week or all the time.

We can help you to find a place to live.  
We work with a company called 'My Safe Home'.



They can help you to find a house or flat  
and help you to find out how to pay for  
it.

**We believe these statements should be true:**



You choose who you live with.



You choose where you live.



You have your own home.



You choose how you are supported.



You choose who supports you.



You get the support you need.



You choose who your friends are.



You choose how to be healthy and safe.



You choose how you take part in the community.



You have the same rights and responsibilities as other people.



You get help to make changes in your life.