

THE KITE

Special points of interest:

- We visit Phoenix House
- Barbeque safety
- Autism Heroes award
- Mikey gets engaged!
- Letter from the Queen
- Sponsored walk
- Climbing in Cumbria
- News from St Eds
- Bus pass challenge

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More stars from the awards ceremony

In last month's Kite we reported on the staff achievement awards ceremony, which was held on June 8th at Rushton Hall in Northamptonshire. This month we want to acknowledge the very worthy runners up in the first two categories, all of who are exceptional people. Douglas Quinn, CEO, spoke emotively about why all the finalists had been chosen; they are all lifting people's lives to a different level, are all winners and should be very proud of what they are achieving.

Whilst the winners of each category received £500 for themselves and £1000 to be spent for the benefit of their service and service users, all the runners up received a cheque for £250 and £500 for the service.



Gwen Tunnicliffe

Shortlisted in the Staff Member of the Year award

were Gwen Tunnicliffe, Wendy Ratcliffe and Ludmila Spacilova.

Gwen, who works at Chard Manor, was nominated by her manager, Gary Bush. In his video speech Gary explained that when Gwen started work she had very little experience in the care sector however, what she lacked in experience she more than made up for in enthusiasm. Gwen embraced her role and threw herself wholeheartedly into getting to know all aspects of each individual the service supported. She very quickly built up fantastic relationships with each and every service user. It quickly became obvious to everyone that she had found her vocation. Gary declared that Voyage are extremely fortunate to employ Gwen as she is able to touch the lives, and actually make a difference to each and every day, of each individual that they support at the service.

Wendy Ratcliffe was nominated by Sarah Jackson, manager of Sunnyside Respite Centre. Until Christmas 2007, Wendy was a stay at home Mum supporting her son, Tony, who had complex and

profound learning disabilities. Tony accessed the facilities at Sunnyside at least twice a week and when he sadly passed away, Wendy approached Sarah and suggested she would like to work at the service.



Wendy Ratcliffe

Sarah explained that Wendy had gone out of her way to share with families her own experiences - for newer families where people are coming through transition, she is able to offer them a listening ear and support

Continued overleaf



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them through their initial apprehensions about accessing adult services. She has been able to support the staff to understand the frustrations of being a round the clock carer, which has increased their understanding and empathy for the families.



Ludmila Spacilova

Ludmila Spacilova is deputy manager at 177 Spring Grove Road; she was nominated by service manager, Gavin Ainslie. Gavin declared that Ludmila developed into the sort of deputy manager who his fellow managers would physically fight over to have working for them. Ludmila has taken on all recruitment responsibilities as her eye for spotting who will make a good support worker is uncanny, so much so that everyone she has recruited has been a success. This is in part due to her high standard of induction, in which she will spend all the time required taking new staff through everything they need to know to fit seamlessly into the team.

Ludmila takes great pride in the team she has built and this is reflected in the respect that all the staff have for her.



Highfield Farm staff team

Runners up in the Staff Team of the Year were Highfield Farm, Hunters Lodge and 46a Eastern Avenue.

Operations manager, Gillian Mulhearn, spoke of her admiration for the team at Highfield Farm, who had worked hard to become a united staff team that delivers a person centred, holistic approach, which is enhancing the lives of all their service users, ensuring that they live a fantastic, fulfilling life.

very happy home with a warm and friendly atmosphere, commented on by all who visit there. Ann finished her speech very movingly by telling her team that she was very, very proud of them.

Mandie Taplin, service manager at 46a Eastern

Avenue, described her team as "dedicated, professional, caring and kind". Her team genuinely care about the individuals they support – from ensuring that



Staff team at 46a Eastern Avenue



Hunters Lodge staff team

Hunters Lodge, nominated her team for this award because she considers that they are unique in their delivery of care. Ann stated that Hunters Lodge is a

they maximise their full potential, to meeting long lost relatives; having new experiences, to ensuring that all health needs are met. Mandie went on to say "This team are as near to perfect as any team I have worked with".

Next month we will report on the runners up in the remaining two categories; Manager of the Year and the Sade Abayomi Award for Sustained Best Practice.

Service focus - Phoenix House

We are pleased to introduce this regular new feature in the Kite which will showcase different services. The editing team plan to visit a different service each month to meet the service users and staff and find out how they spend their time and what makes their service unique.

We chose Phoenix House for our first visit as Douglas Quinn had made reference to them at the recent staff achievement awards ceremony.

The warmth and enthusiasm of the staff team was immediately apparent, which was reflected in the calm and relaxing atmosphere. The service is home to seven individuals, all of who have very high dependency needs. Service manager, Debbie



Wheeler, stressed the importance of nurturing; this was highlighted by one support worker who was laid on the floor next to Pete, who was relaxing on his beanbag. The carer was chatting to him and stroking his arm. Pete, who is 73, appeared relaxed and happy.

Debbie explained that due to the complex needs of the service users they tend to focus on the sensory side of care and she proudly showed us their wonderful sensory room, where Wendy was chilling out, listening to soothing music and enjoying the changes in light. The service are fortunate to have a Jacuzzi bath with tracking, which some of the service users enjoy - one



gentleman in particular having fun soaking his keyworker!

They have a Reflexologist visit on a weekly basis and also a Shiatsu therapist who visits two of the service users and concentrates on aura and contact; this helps with their health needs and following the sessions they are really relaxed.

Due to the different tastes and health needs of the service users, they tend to go out separately and have attended concerts, visited garden centres, call in at the local pub or simply go out for a coffee. They are fortunate to have Court Gardens in the village, which is a National Trust site, and they have free entry because they live in the village so it is a regular favourite destination for a walk.

Two of the service users attend a day centre in Trowbridge and another favourite destination is the Gateway Club's Monday night discos, which they take it in turns to attend.

Debbie enthused about her local healthcare team and how good they were to deal with. This included their local GP, District Nurse and the community team; their wonderful support was invaluable to the service.

The service itself, which was purpose-built, opened in 2002, and Debbie joined the staff team as a support worker the following year. Sadly the service has suffered the passing away of two service users, which means that they currently have two vacancies. However, this did give us the opportunity to view these

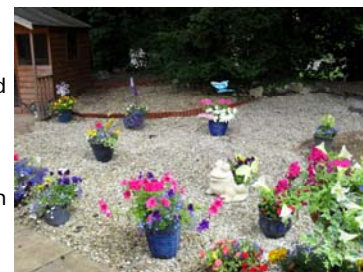
rooms, both which had been decorated to their occupants choice. Each en suite bathroom has a different specification and is designed around the service user's needs.

One truly unique and wonderful aspect of the service is that each individual has their own garden which their bedroom opens out on to. Key workers have worked closely with each



service user to set out the garden in the way they best like. Fiona's garden is full of pretty flowers and butterflies, whereas Wendy has an arbour in which she can sit and enjoy her own space. As she is also rather adverse to weather, it is ideal for her. Danny has a lovely corner plot, which

contains a raised bed where he can plant flowers and vegetables.



Senior support worker, Wendy, explained that they are having a best garden competition; judging will not be easy! There is also a communal garden where everyone can gather together and have barbecues.

Debbie paid tribute to her wonderful staff team; they have undergone some challenges, but they always pull together and she cannot thank them enough for that.



Health and Safety

Barbeque Safety

People are getting more adventurous with what they cook on their barbeque, but food poisoning still remains a top worry!

While people are getting more confident with their cooking, a survey by the Food Standards Agency has found that the thought of giving guests food poisoning is the number one barbeque nightmare. Here are some simple steps that you can take to keep your barbeques safe:

Setting up the Barbeque

- Ensure there is plenty of space around the barbeque to operate it safely.
- Make sure that the barbeque is positioned away from all flammable items.
- Inspect the barbeque to ensure it is in good working order before igniting it.
- Under no circumstances should you use flammable liquids to start a barbeque.

It is advisable to have fire control methods, such as a bucket of water, water hose pipe (connected) or fire blanket available at all times.

Preparing the food - Remember the Four Cs (1- Cleaning 2- Avoiding Cross

Contamination 3- Cooking 4- Chilling)

- Food handlers should ensure their hands are washed thoroughly and all cuts have been covered ideally with a blue dressing before handling food.
- Ensure that all frozen food is defrosted thoroughly in the fridge before cooking.
- Ensure that raw and cooked food is stored separately to avoid cross contamination.
- Separate cooking utensils should be used for cooked and uncooked food.
- If cooking large amounts of food consider pre-cooking it in an oven and then adding to the barbeque for a few minutes for added flavour.
- Ensure that salad items are washed thoroughly before consumption and keep items covered to avoid contamination.

Using the Barbeque

- Always wait until the coals are glowing red with a light cover of ash before cooking.
- Do not overload the barbeque or place raw and partially cooked food together on it.
- During cooking, if food starts to burn on the outside, raise the grill height



or reduce the heat.

- Take extra care to make sure that foods are thoroughly cooked. This can be done by checking that juices run clear, and a check to make sure there is no pink meat in the centre of the food. Core temperature probing will be necessary for some foods.
- It is safer for some foods, such as chicken portions, to be pre-cooked in the oven, and then browned on the barbeque.
- Ensure the food is piping hot and cooked throughout before serving.

Don't forget afterwards to clear away all food waste and packaging, as this will attract unwanted pests.

Following these tips and reminders will ensure that your barbeque is safe and even more enjoyable!

For more information about barbequing safely visit www.Food.gov.uk

Autism Heroes Award

Report by Sheralee Davies

"Barbara is the manager of a wonderful group of carers who work with my severely autistic son.

Barbara has inspired the team, not only with professionalism, but also with warmth and love, under which he has blossomed over the last year he has been living in supported accommodation. Never before have I met such inspired and lovely human beings who have changed my son's life and therefore mine."

These are the words of the nomination made to the Autism Heroes Awards, presented by the North Somerset branch of the National Autistic Society, by Mrs Marilyn Orr, Richard's mother. The presentation to the winners was held in Clevedon, Somerset on 21st June. It was a lovely event and it was wonderful to hear the people who nominated the winners express how they felt.

The photographs show a very proud Barbara Hunt accepting the award for herself and her team from Mrs Orr.

Richard has lived at The Dairy, a supported living tenancy, for just over a year. He has his own cottage next to the main house and receives round the clock support by the staff team,

lead by Barbara Hunt.

The support Richard gets suits his very individual needs and he has made very close bonds with his team of staff. The very real esteem that staff hold Richard in is plain to see and his exuberant friendly personality makes his cottage a very happy place to be.

I have had the pleasure to be the operations manager of The Dairy for less than a year, but I am filled with pride to be involved with such an exceptional team.

WELL DONE
to The Dairy staff



Marilyn Orr holding the award



The prestigious award



Barbara Hunt (right) receiving the award

Mikey's exciting news!

Report by Mikey Thompson



I have some very exciting news to tell you all. On

Thursdays we started dancing; dancing started last year and earlier this year we started to go to Weston Village Hall to do dancing where there was a lot more room to dance. Another Voyage home, Redbank House, got to know we were dancing on Thursdays over at the village hall, so Redbank House residents decided that they wanted to do dancing on Thursday with us.

A certain young lady called Emma Hughes who lives at Redbank, started to come on Thursday to try dancing. I fell in love with Emma. I was quite shy to talk to Emma but a support worker, Debbie Marshall, helped me to talk to Emma. Soon we both fell in love together; we started to see each other on Thursdays. In April 2010 we got engaged to be married.

Charles receives a letter from the Queen!

Report by Charles Turtle

I got a lovely surprise in the post today. It was a letter from the Queen at Buckingham Palace. I have enclosed a copy for you to see and I thought you might like to put it in the Kite. After all it is not everyday that someone gets a letter from the Queen.

I sent her a drawing I had done for her of Buckingham Palace.

Hope you enjoy reading it, Madge and I certainly did.



BUCKINGHAM PALACE

25th June 2010

Dear Mr Turtle.

The Queen wishes me to thank you for the lovely letter which, with the help of your caring Key Worker, Madge Snow, you have sent to Her Majesty, and for the splendid picture you enclosed.

The Queen was pleased to hear that you are happy living at Treddinloch where you are cared for so well and, although unable to reply to you personally, Her Majesty greatly appreciated the trouble you have taken to draw your picture of Buckingham Palace especially for her.

I enclose some information leaflets which you may like to have, and thank you once again for your kind thought for The Queen.

*Yours Sincerely
Janifer Gordon-Lewis*

Lady-in-Waiting

Mr C Turtle

Peak District sponsor challenge

Report by Dawn Berry

Aneil and Jim from Redbank House, Lisa from Red House, Leroy from Pelham Lodge and Robert from Bracken Villa had all set themselves a really tough challenge with some help from Dawn Berry and the staff teams at each of the homes. The challenge was to walk up to the top of Derwent Edge and complete a 7 mile circuit in the Peak District in June – and to collect as much sponsorship for their chosen charities as possible!

Everyone finished the walk even though it was very difficult. Lisa found the going really tough, but she is very proud of herself for completing the walk as she says it was the hardest thing she has ever done...she requests a flat walk for next year's challenge! Aneil and Jim both enjoyed the walk and felt really proud of themselves at the end, as did Leroy and Robert who proved

themselves to be very speedy walkers!

Some of the walkers want to do another long walk soon as they made some good friends on the day and loved being out and about in the beautiful hills.

We all celebrated the end of the walk with a much deserved meal and pint in the pub afterwards.

Aneil and Jim collected sponsor money for the Prader Willi Syndrome Association; Leroy collected sponsor money for his local Uhuru club; Robert collected money for his local hospice; and Lisa collected money for the British Heart Foundation.

Well done everyone!!



Taking a well deserved break!



Robert and Kelly



Lisa and Nicola



Aneil and Jim

Carnival Time at Southview

Report by Kate Bennett

On Saturday 26th June 2010, service users and staff at Southview took part in the local Fair Oak carnival.

We chose a football theme as we have been celebrating the World Cup. Everyone helped to decorate our car with flags, banners, stickers and balloons and we wore our England football shirts.

We had a fantastic time as we walked the route of the carnival, waving at people we knew, dancing to music and collecting money in charity cans. It was a very hot day but we didn't mind as we had drinks and snacks to keep us going!

Everyone was so kind and

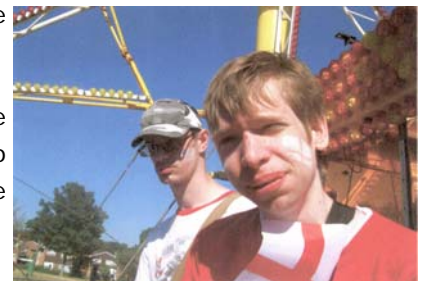
someone even offered us drinks half way around the route!

We didn't win a prize, but we still thought we were the best! We were given a lovely certificate to show for our efforts.

In fact, we know we were fantastic because on the following Monday we had our picture in the local paper!

After the carnival, lots of fun was had at the fun fair in the local park.

We have now got the 'carnival bug' at Southview, so watch out next year when we will be bigger and better!



Having fun fundraising

Whitworth Road and Hermitage Lane recently held a fundraising event in aid of raising money for Epilepsy Action, as a part of the southern division quality initiative, to give something back to the community.

All staff, plus local service Westwood House, got involved in showcasing their talents, which involved hand made card stalls, home made cake stalls and face painting. A raffle

and a bric-a-brac stall and tombola were also present with all items being kindly donated by staff and local companies.

Paul Goonenough kindly put on a disco for the event, which also combined a talent show. Staff and residents performed, which lead to many laughs and a fun day was had by all.

Overall the highlight of the event was raising £421.78 for Epilepsy Action which was received by them with much appreciation.



Climbing in Cumbria

Report by Adam and Carlton



We are Adam and Carlton from Theoc House. We went on holiday to Cumbria.

Our support workers Becky



and Cassie helped us climb to the top of Carlisle Castle. We also went to the James Bond Museum and we went canoeing in the lake. We really enjoyed our holiday and are looking forward to planning next year's holiday!



Welland's whoppers!

Welland House service users have thrown down the gauntlet to other services who are planning to enter this year's pumpkin competition. As this photo show, the leaves are enormous, which bodes well for some extra large fruit.

Service manager, Phyllis Duff, reports that visitors are being closely monitored in case of sabotage!

Judging of the competition takes place at Hall Farm on 29th September.



Destination Dorset

Report by Debbie Johnson



Jonathan Vaughan and Alan Meehan, who live at The Minster, enjoyed a week in Dorset.

Both had the chance to do what they loved best; Alan enjoying the beer and Jonathan the sea. Both enjoyed lots of activities; from the Sea-Life park in Weymouth, to working out at Poole harbour side, sitting watching DVDs until the wee small hours and enjoying a fantastic lie-in the next day! The sun shone all week without a cloud. Fantastic!



News from St Edmunds

We love to have our days out. Often we go out together, but sometimes we go out with other friends..... two legged or four legged!

Emma Dowdeswell enjoys walking her friend's dog. Ellie is a friendly dog who Emma likes to spend time with.

Emma spent the day with her friend and Ellie, walking in the local park and then going for lunch.



We love to celebrate all of our accomplishments.

Annette goes horse riding, it's her favourite hobby. Annette looks forward to seeing her horse, Finn, every fortnight.

Finn and Annette won their rosette for their wonderful dressage display.

This is Annette's rosette which she was awarded for her excellent horse riding skills. She is really looking forward to achieving her next rosette and learning more horse riding skills.

Another STAR has to be our very own Emma H. To promote Emma's independence, she has been shown how to leave the house, go to the bus stop, get on the correct bus and go to work. She will call from her own mobile, to let us know she has arrived safely.

At the end of the day, Emma will repeat the process and come home safe and well. Emma is becoming a confident young lady and we are all extremely proud of her.



Bury Providers Day

Service managers from two of our acquired brain injury services, Gillian Lee and Tian O'Hara, represented the company at a Providers Day in Bury on 10th June.

This was the first ever such event held in Bury and Gillian and Tian were given the

opportunity to meet other providers and gain some useful contacts.

The photo shows Tian and Gillian with the Voyage banner, promoting the company.



Nerys rides high



Hi, I'm Nerys Turner, this is me riding Jessie, the horse, at the Conquest Centre. I go to the Conquest Centre every Tuesday with my other house mates, Lucy and Mads. When riding, I prompt the horse to move forward and use the reins to direct the horse to where I want it to go.

In this photograph, with me is Chantelle, she helps me when I go to the Conquest Centre by talking me through what we are

going to do each time I go and supports me whilst I ride.

This is me at my work placement at the Conquest Centre. I go every week on a Friday for two hours. Whilst I'm there I groom the horses, and on my break I enjoy a cup of tea and a biscuit.



This is a photograph of me grooming Roger the horse. I like stable management very much and I like to catch up with my friends that help me when I'm there.

Southview go football crazy!

At Southview we well and truly celebrated the World Cup, and we didn't stop even when England were knocked out!

We chose to celebrate the match between England and America.

Mark L and Steve put a big map of the world on the wall and we printed out an English and American flag. Mark L is very good with maps, so he helped the others to locate America and stick the flags in the right place.

We then did some



research about what types of food Americans eat and we chose hot dogs and fries, which Christopher helped to make for dinner that day. Everyone enjoyed the meal, especially Amy and Laura!

Then it was time for the match. Everyone had their face painted and put their football shirts on. We had flags to wave and silly hats to wear.

We had such a good time, that we celebrated every

England game in the same way, though we weren't impressed with Algerian fish soup!!

We celebrated in style until the end, a n y e x c u s e for a party!



How far can you get on a bus pass?

Service users at Christchurch Gardens, near Reading, decided to see how far they could travel on a bus pass; here are their stories:

Anthony Allen

On 14th June myself and my support worker Joyce left my home at Christchurch Gardens around 9am for a bus ride. The aim was to find out how far we could go on the bus pass.



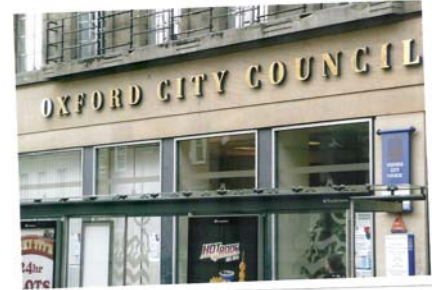
We started by getting the bus number five into the town centre. Then we went to the train station to enquire how far we could go and whether it will be possible to go on trains. Unfortunately, we weren't able to use the trains.

We decided to take a bus to Wokingham first, but by the time we got to the bus stop, we missed the bus and they only come every half an hour. We thought, maybe going to Oxford would be fun and so we went there.

We had a really fun ride on our way to Oxford. We stopped at Wallingford for about 10 minutes. The journey to Oxford was really long, not what I expected, but it was real fun.

When we finally got to Oxford we had to find some toilets to use.

We walked around Oxford just to see how different it was from my town, (Reading). It looked really nice, however I prefer Reading as the weather there was much nicer and Oxford was really cold.



Around 1:30pm, we decided to look for somewhere to have lunch, but everything seemed so expensive so we settled for a pub in the middle of the town centre. I decided to have fish and chips. I enjoyed my lunch. I also had a cup of tea and watched a bit of football.

As it was getting too windy and cold we decided to return back to Reading. At first we couldn't find the bus stop and had to ask for directions.

I got home late afternoon and overall, had a really lovely day.

Lenny Gore

On 9th June my journey started in Reading bus station where I unfortunately missed the bus to High Wycombe.

Instead me and my support worker, Magda, got a bus to Abingdon as we thought it was really far, but soon after we realised it wasn't really that far at all, only a little outside Reading. And so we returned back to where we started.

We managed to board the bus

to High Wycombe, which also isn't very far but the bus seemed to be taking a long time to get there, going round and round for ages.

In High Wycombe we walked on the High Street and also had a couple of muffins and a drink for a snack.

We took lots of nice pictures on the High Street and watched passers by.

I really enjoyed my day out and returned home at around 7:45pm.



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Lenny Gore

As today was such a beautiful and sunny day, I decided to take a second bus journey using my bus pass.

Me and my support worker, Fatou, left my home in Christchurch Gardens at 10:15am and we went to

Reading town centre to board the Newbury bus at 11:40. We were dropped off at Newbury train station and walked to the town centre where we took a stroll to the Newbury Methodist church and had a photo taken by the entrance.

Later on, we took a bus to

Thatcham where we stopped for lunch. I chose to have a big cod and chips with a Fanta drink. The place where I had my lunch was called Crownmead.

I returned home late afternoon, around 6pm.

I felt really excited about my day out.

John Jones

On 11th June I went on a long bus trip to see how far I could get using the bus pass on public transport.

I took the number 5 bus from Whitley to Reading, getting off at the station where myself and my support worker, Cara, asked the bus driver for the best place to go on a bus. He told us that Oxford was a nice trip, so we crossed the station and got on the number 39 bus to Oxford.

The bus to Oxford took us an hour and a half and I really enjoyed looking out of the window at the countryside.

Once we got to Oxford, it was lunchtime and I was very hungry! We walked around the city centre and eventually found a nice café which was underneath the Old Clock Tower. I chose a baked potato with baked beans and cheese which I enjoyed whilst looking at the passers by.

After lunch we walked around the city, sight seeing. Then I had a nice glass of port and lemon in the pub.

At around 2pm, I decided to go home, so we caught the number 40 bus back to Reading, which took us

another hour and a half, and by the time we got back I was very tired.

I really enjoyed my trip to Oxford on the bus and would like to do it again one day soon.



Sam cheers on England



My name is Sam Sheppard and I live at Red Gables in Berrow, Burnham On Sea in Somerset and I love football.

I am a big Manchester United supporter and this year

I followed England in their bid to win the World Cup.

I followed it very closely along with my peers. I was very patriotic towards my country and I enjoyed purchasing many of the England merchandise items as you can see in the photos.

Although I have worn my shirt with pride, I was very disappointed with the eventual outcome but confident in the knowledge that we will achieve the result that all England fans will hope for in four years time when the next World Cup comes around.

Berwick holiday enjoyed

Report by Siobhan Murray



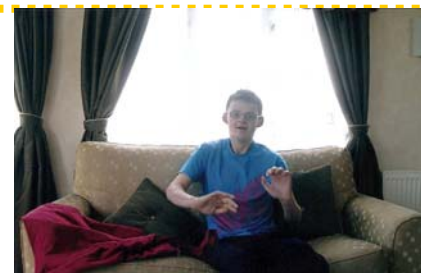
I am writing to you on behalf of Danny Hotchkiss, Peter Caulderwood and Alison Muir with regards to their recent holiday to Berwick Holiday Park. All involved wished to express and share their



enjoyment and experiences with their favourite magazine, The Kite.

In order to get to Berwick the group travelled by train and found the journey very relaxing with wonderful views of the East Coast from the window. Fellow staff member, Karen Imrie and I supported the group to the caravan via the train station. The caravan was wonderful and we all agreed that it was exceptionally comfortable.

During the holiday everyone participated and enjoyed the holiday park's evening entertainment and discos, where dancing went on most nights. Daytime activities involved visiting the local town centre, shopping, eating out, swimming, cycling, arcades and local walks.



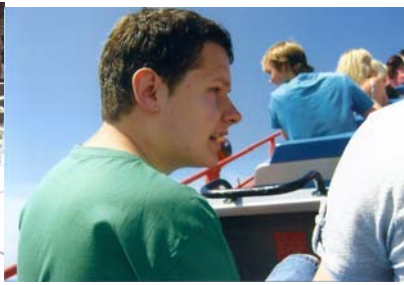
The weather turned out to be fantastic and allowed everyone to enjoy all the planned activities.



On the trip home Karen and I organised a picnic for the train journey home, which went down well.

All who visited Berwick had a fantastic holiday and would recommend this to others as a future holiday destination.

Having a ball in Blackpool



Adam and David, from 48 Hafod Road, went to

Blackpool. They had a lovely time on the beach. They went up the tower and enjoyed the rides. They were there for a week and the weather was lovely. The staff who supported them were Karen and Paul and they all had a lovely time.

David and Adam would love to go back again next year.



Our trip to Ironbridge Gorge



John, Reem & Catherine standing on the bridge

On 23rd July we went out on a day trip to Ironbridge. The weather was a little overcast, but it was still warm. It took us about forty minutes to get there in the house car.

When we got there we had a walk around to take in the breathtaking natural beauty of Ironbridge.

After we had had a look around we stopped in a riverside cafe and had some lunch and a drink. We then had a look in some shops and bought ourselves some mementos of our trip out before returning back home. We all had a lovely day and Catherine, from Uplands Road, who was having a two night stay at 50 Yateley Avenue thanked Chris and Reem for taking her.



John and Chris standing by the old coal mine tracks



Burnham furnaces



John with Ironbridge in the background

Champagne and strawberries at The Minster

Report by Sam Law

On Saturday 10th July, The Minster enjoyed a lovely summer's day in the garden with friends and families. Champagne, strawberries, scones and cream were consumed with great pleasure. The chocolate fountain was a source of amusement as it sprayed chocolate over people when the wind caught it. It was a

wonderful day and after all our guests had gone we relaxed with fish and chips in the garden. The guys at the Minster enjoyed it so much they asked if we could do it again the following week!



Lucy's pride

I COUSÉOTE
 GRENADETTE on my VEGETABLE PATCH
 IN THE GARDEN I TOOK A LONG TIME TO GROW
 IT'S A BIG COURSETTE I LOVE IT!
 LUCY
 TURNER



Lucy Turner from Mandalay proudly shows off the vegetable patch she has nurtured

Fun Day

5 Dawson Road, Handsworth, Birmingham
 14th August 2.00pm - 6.00pm
 Celebrating 20 years of opening
 Raising funds for our sensory garden
 Service users and staff from all homes welcome
 Tel: 0121 554 5896

Tombola *Face painting*
Raffle *BBQ*
Cake stall *Bric a Brac*

Gardening Competition For All Tenants Within North East Supported Living

All Tenants welcome to take part in our annual event

Competition to be judged by Ops Manager, Yetwo Li

To be judged on August 23rd

Certificates & prizes

Congratulations to....

...the following people for achieving their NVQ2:

Juliet Reed – The Minster	Michelle Franks – 1 Church Road	Jennifer White – 2 Cheveril Lane
Julie Williams – The Minster	Kathryn Bennett – The Knowls	Dotto Braham – 46a Eastern Avenue
Rachel Smith – Hall Farm	Donna Szombvara – The Leam	Simon Darville-West – 11 Lane End
Rob Vickers – Drakes Place	Anne Sweet – Branwell Manor	Katrina Hopson – Slough Resource Centre
Karen Green – Astbury View	Launna Kestle – Markham House	Amoama Maud – Kimberworth Park Road

...the following people for achieving their SVQ2:

Usha Lal – Abbey Gardens	Lydia McMahon – Abbey Gardens	Margaret Mckerlie – Abbey Gardens
Jennifer Wells – Abbey Gardens	Sharon MacKie – Abbey Gardens	Margaret Mackintosh – Abbey Gardens
Paul McConachie – Dumfries Supported Living		

...the following people for passing their NVQ3:

Simon Boel – Bronte View	Julie Williams – The Minster	Sandie Savage – Cornerways
Allen Sales – The Legard	Lydia Peters – Welland House	Barbara Wilson – Three Sisters
Suzanne Ryves – Hall Farm	Janet Jenkinson – Ladycroft	Jeannine Skinner – Welland House
Judith Lowman – Rotherham Supported Living		Sarah Marshall – 358 Worting Road
Jacqueline Burchett – 20 Towngate East		

...Sue Palgrave – 96 Blofield Corner Road for passing her Registered Managers' Award

...Ben Koroma – 46 Flambard Road for passing his A1 Assessors Award

...the following people for completing their Managers' Development Programme

David Morsy – Astbury View	Ben Koroma – 46 Flambard Road	Debbie Dykes – Abbey Gardens
Kerry Parker – Beech House	Toni Connelly – 48 Heath Road	Sarah Paterson – 8 Beverston Road
Sonia Ayres – Southview	Melanie Ward – Landau Lodge	Sue Palgrave – 96 Blofield Corner Road
Lisa Wright – 41 New Road	Ann Morgan – Hunters Lodge	Christine Marsh – Five Penny House
Andrea Brown – Hall Farm	Theresa Bieny – Cornerways	Shane Rignall - 73 High Road Gorefield
Claire Butcher – Three Sisters	Patima Silima – Cornerways	Catherine Keena – 43 Knutsford Road
Yvonne Morton – Selton House	Dawn Wainwright – The Maltings	Emmanuel Saweh – 25 Mile House Lane
Kym Lawrence – Croft House	Pat Sealey - 185 Cannock Road	Kathleen Rackley – 26 St Barnabas Road
Anne Morris – Lincluden Court	Jeanie Sherwood – Brook Lodge	Emma Bains – Willesden Resource Centre

...the following service for receiving an excellent rating following their recent CSSIW inspection:

Centrica Lodge, Newport

Come Dine With Us World Cup 2010



Hello everyone. My name is John Seal and I live at 50 Yateley Avenue in Great Barr. Today I took part in the "Come Dine With Us World

Cup 2010". The team that we drew was Argentina. I was asked by my key worker, Chris Fellows to have a look at some Argentinean recipes on the internet. I quite liked the look of "Carbonlia" (chilli beef). Chris

kindly prepared all of the ingredients for me and added them to the pot. "Delicious. Even if I do say so myself!"

Ingredients

- Fresh ground minced beef
- Fresh beans
- Pinch of cinnamon
- Garlic salt
- Salt & pepper
- 1 onion (chopped)
- Chopped tomatoes
- Paprika
- Grated cheese

Directions

- First cook ground minced beef for about 15-20 minutes
- Then add the beans and continue to cook for about 10-15 minutes

- Add a pinch of cinnamon
- Stir
- Next add the garlic salt, paprika, salt & pepper
- Add the chopped tomatoes & onions
- Stir occasionally for a further 5 minutes
- Let it cool for about 10 minutes before adding the grated cheese on top

Sudoku

Fill in all the squares in the grid so that each row, column and each of the three by three squares contains all of the digits from one to nine.

The answer to last month's puzzle is below.



				3	7	5		
	2			6			1	
		1	4		8			9
		9			7		8	
	4		2			1		
7			3		6	8		
	5			8			2	
	9	3	7					

7	1	6	9	4	2	5	3	8
2	8	9	6	5	3	1	4	7
5	3	4	1	7	8	2	9	6
9	2	3	4	1	6	7	8	5
1	6	5	3	8	7	9	2	4
8	4	7	2	9	5	6	1	3
3	7	1	5	2	4	8	6	9
6	9	8	7	3	1	4	5	2
4	5	2	8	6	9	3	7	1

Wordsearch

E	R	A	M	R	E	P	U	S	N	O	T	S	E	W
L	Y	T	H	A	M	S	T	A	N	N	E	S	E	E
H	B	E	E	R	P	R	E	S	T	A	T	Y	N	S
T	E	H	A	S	T	I	N	G	S	E	M	W	M	T
U	X	T	B	Y	Y	F	D	O	N	O	O	W	A	C
O	H	Y	E	B	E	I	N	B	U	D	R	E	B	L
M	I	W	R	T	W	L	Y	T	N	O	E	R	L	I
R	L	T	S	I	O	E	H	A	G	L	C	A	E	F
A	L	S	O	H	F	Y	S	N	O	O	O	C	T	F
Y	O	Y	C	W	R	K	A	O	E	O	M	N	H	E
T	N	R	H	R	B	B	P	Y	S	E	B	O	O	O
A	S	E	A	R	O	N	T	N	E	V	E	T	R	N
E	E	B	E	Y	L	L	E	V	O	L	C	A	P	S
R	A	A	I	L	F	R	A	C	O	M	B	E	E	E
G	N	S	O	U	T	H	E	N	D	O	N	S	E	A

ABERSOCH
 ABERYSTWYTH
 BANGOR
 BARRY
 BEER
 BEXHILL ON SEA
 BREAN
 CLOVELLY
 FILEY
 FOWEY

GREAT YARMOUTH
 HASTINGS
 ILFRACOMBE
 LOOE
 LYTHAM ST ANNES
 MABLETHORPE
 MORECOMBE
 POOLE
 PRESTATYN

SANDOWN
 SEATON CAREW
 SOUTHEND ON SEA
 TENBY
 VENTNOR
 WESTCLIFFE ON SEA
 WESTON SUPER MARE
 WEYMOUTH
 WHITBY



T

he answer to last month's football teams wordsearch is Preston North End.

August is traditionally the month when people think about seaside holidays so this month's puzzle contains the names of seaside resorts. The answer, which will be revealed when all the words have been found, are animals often associated with the seaside.

The answer will be in next month's edition.

VOYAGE

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Next month.....

- More reports from the Awards Ceremony
- Service user stories
- Health and safety advice
- Plus news and stories from our services

The September edition of the Kite will be issued on 31st August

We're on the web
www.voyagecare.com

Artist's corner



This month's entry in our Artist's Corner is from Lynn Tarn, who lives at Athelston Court in Sunderland.

This colourful picture was appreciated by all the team in the press room.

If you would like to see your work featured in Artist's Corner please send it to Sue Evans at Garrick House, 2 Queen Street, Lichfield, WS13 6QD or email sueevans@voyagecare.com